

## Audio file

[The Cryptid Sloth Show NewTrailer.mp3](#)

## Transcript

[Female Voice]

CMT: The weirdest name neuromuscular disease nobody has ever heard of.

Named for the three doctors who first described it, Dr. Charcot, Marie, and Tooth, CMT is a collection of diseases that have nothing to do with the sharks, coats, teeth, or Country Music Television.

[Male Voice]

Charcot Marie Tooth Disease is a weird dichotomy. CMT is rare, but CMT is common. CMT is the most common inherited nervous system disease, but most people know nothing of it.

With other names, such as Hereditary Motor and Sensory Neuropathy, or HMSN; Distal Hereditary Motor and Sensory Neuropathy, or dHMSN; Hereditary Sensory and Autonomic Neuropathy, or HSAN, just to name a few, and all referring to the same set of diseases, it's no wonder why nobody has ever heard of CMT.

[Female Voice]

Do you have CMT? If so, this podcast is for you. Does a friend, family member, or significant other have CMT? If so, this podcast is for you. Whether you are newly diagnosed, or the diagnosis has been suggested to you, or you're a seasoned CMT Pro, or you're somewhere in between, this podcast is for you.

[Male Voice]

I'm your host, Kenneth Raymond. I was diagnosed in 2002, and genetically confirmed to have 1A a year later. Like so many, I had experienced years and years of doctor after doctor, test after test, suspected diagnosis after suspected diagnosis, before landing on CMT.

I've spent the last 18 years learning and absorbing everything I possibly can about CMT, and I've been able to learn from some of the world's most renowned CMT experts. Along the way, I figured out how to translate the confusion into easy-to-follow narratives. I'm an author, a blogger, and a CMT advocate.

The Cryptid Sloth Show is a podcast dedicated to discussing all things CMT, and this podcast picks up where the diagnosis leaves off.

From CMTers telling their stories, to discussing the complexities of CMT and translating those complexities into everyday terms, to expert opinions and strategies for living with CMT, The Cryptid Sloth Show is all about where CMT and life meet.

With new episodes released every Wednesday, you can find The Cryptid Sloth Show wherever you get your podcasts, and you can subscribe for free so that you never miss a show.

Make sure to check out our website at [thecryptidsloth.com](http://thecryptidsloth.com) and I look forward to chatting with you soon.

[Female Voice]

The Cryptid Sloth Show: Where CMT and Life Meet